

# Lovettsville Pool- Swimming Lessons

**\*REGISTRATION BEGINS 12:01A MARCH 20TH ON WEBTRAC OR IN PERSON AT 7:00A  
AMERICAN RED CROSS PARENT & CHILD AQUATICS  
PRESCHOOL AGE LESSONS**

Classes developed for ages 6 mos - 5 years build swimming readiness by emphasizing fun in the water with guided practice sessions. Preschool lessons follow a progression such as water entry, bubble blowing, front kicking, back floating, underwater exploration, and more. Refer to chart for placement.

Class Name	Age	Entry Requirements	Class Objective
Parent/Child Level 2	24-48 mos	Parent in water	Water adjustment and safety skills.
Preschool Level 1	3-5 yrs	Leave parent willingly; Can follow directions	Water adjustment, skill readiness, safety
Preschool Level 2	3-5 yrs	Face underwater 5 sec. Blow bubbles Front kicking with support	Development of basic swim skills with child learning to become less dependent on the instructor.
Preschool Level 3	3-5 yrs	Submerge totally-5 times Front float/glide unassisted	Refinement of basic skills with emphasis on no instructor assistance.

## PARENTCHILD AQUATICS-JUST ADDED!

(Ages 6-48 mos.) Teaches the parent fun techniques to introduce water orientations, skills and safety for their for their toddler. Swim diaper required if not potty trained. One child per parent. PARENTS MUST GET IN THE WATER WITH CHILDREN.

**428100-01 \$56.00**

Tu,Th 6/12-7/10 7:00P- 7:30P \*No class on July 3rd

## PRESCHOOL LEVEL 1-ALL SECTIONS CURRENTLY FULL, WAITLIST ONLY

Parents do not enter the water with the swimmer. SWIM DIAPER REQUIRED IF NOT POTTY TRAINED.

**M,Tu,W,Th \$56.00**

**428101-01** 6/11-6/21 10:15A-10:45A **428101-02** 6/11-6/21 9:30A-10:00A  
**428101-03** 6/25-7/6\* 10:15A-10:45A \*No class 7/4

## PRESCHOOL LEVEL 2

**M,Tu,W,Th \$56.00**

**428102-01** 6/11-6/21-FULL 8:45A-9:15A **428102-04** 6/25-7/6\* 8:00A-8:30A  
**428102-05** 6/25/7/6\*-FULL 8:45A-9:15A **428102-07** 7/9-7/19 9:30A-10:00A  
**428102-08** 7/9-7/19-FULL 10:15A-10:45A **428102-09** 7/23-8/2 9:30A-10:00A  
**428102-10** 7/23-8/2 10:15A-10:45A

\*No class 7/4

## PRESCHOOL LEVEL 3

**M,Tu,W,Th \$56.00**

**428103-01** 6/11-6/21 8:00A-8:30A **428103-06** 6/25-7/6\*-FULL 9:30A-10:00A  
**428103-02** 7/9-7/19 8:00A-8:30A **428103-03** 7/9-7/19 8:45A-9:15A  
**428103-04** 7/23-8/2 8:00A- 8:30A **428103-05** 7/23-8/2 8:45A- 9:15A

\*No class 7/4

## AMERICAN RED CROSS ELEMENTARY AGE LESSONS

Class Name	Age	Entry Requirement	Class Objective
Level 1	6-12 yrs	Function in group setting; Leave parent willingly	Water safety and basic swim skills with assistance.
Level 2	6-12 yrs	Be able to complete class objectives of Learn-to-Swim Level 1	Development of basic swim skills with child learning to become less dependent on the instructor.
Level 3	6-12 yrs	Be able to complete class objectives of Learn-to-Swim Level 2	Refinement of basic skills with emphasis on no instructor assistance.
Level 4	6-12 yrs	Be able to complete class objectives of Learn-to-Swim Level 3	Perform feet-first entry Front & elem back crawl-25 yds Breastroke, back crawl-15 yds
Level 5	6-12 yrs	Be able to complete class objectives of Learn-to-Swim Level 4	Perform shallow angle dive Front & elem Back crawl-50 yds Breastroke, back crawl-25 yds

### LEVEL 1

M, Tu, W, Th

\$56.00

428201-01

6/11-6/21

9:30A-10:00A

428201-02

6/11-6/21

10:15A-10:45A

428201-03

6/25-7/6\*

10:15A-10:45

\*No class 7/4

### LEVEL 2

M, Tu, W, Th

\$56.00

428202-01

6/11-6/21

8:45A- 9:15A

428202-02

6/25-7/6\*

8:45A- 9:15A

428202-03

6/25-7/6\*

9:30A-10:00A

428202-04

7/9-7/19

10:15A-10:45A

\*No class 7/4

### LEVEL 3

M, Tu, W, Th

\$56.00

428203-01

6/11-6/21

8:00A- 8:30A

428203-02

6/25-7/6\*

8:00A- 8:30A

428203-03

7/9-7/19

8:45A- 9:15A

428203-04

7/9-7/19

9:30A-10:00A

428203-05

7/23-8/2

9:30A-10:00A

428203-06

7/23-8/2

10:15A-10:45A

\*No class 7/4

### LEVEL 4

M, Tu, W, Th

\$56.00

428204-01 7/9-7/19

8:00A- 8:30A

428204-03

7/23-8/2

8:45A- 9:15P

### LEVEL 5

M, Tu, W, Th

\$56.00

428205-01 7/23-8/2

8:00A- 8:30A